

Staff Knowledge and Attitudes Survey

Acupuncture and Acupressure for Post-Operative Nausea and Vomiting

About This Survey

This anonymous survey assesses staff knowledge, attitudes, and perceived barriers regarding acupuncture and acupressure use in hospital settings. Results will inform implementation planning and training priorities. Completion takes approximately 5–10 minutes.

Section A: Demographics

A1. Role (tick one):

- Anaesthetist Nurse Midwife
 Surgeon Obstetrician / Gynaecologist Other: _____

A2. Department: _____

A3. Years of clinical experience (tick one):

- < 2 years 2–5 years 6–15 years > 15 years

Section B: Knowledge

For each statement, tick **Yes**, **No**, or **Unsure**.

Statement	Yes	No	Unsure
B1. I have heard of acupuncture or acupressure being used in hospitals	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
B2. I know what the PC6 (Neiguan) acupressure point is	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
B3. I am aware of evidence supporting acupuncture/acupressure for PONV	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
B4. I have previously used or observed acupuncture/acupressure in a clinical setting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
B5. I know that acupuncture/acupressure is included in PONV management guidelines	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Section C: Attitudes

Rate your agreement with each statement.

Statement	SD	D	N	A	SA
C1. I believe acupuncture/acupressure can be effective for managing PONV	?	?	?	?	?
C2. I would consider using acupuncture/acupressure in my practice	?	?	?	?	?
C3. I would encourage patients to try acupressure wristbands for PONV	?	?	?	?	?
C4. I would pursue further education on acupuncture/acupressure	?	?	?	?	?
C5. Acupuncture/acupressure is a valuable addition to hospital care	?	?	?	?	?

SD = Strongly Disagree, D = Disagree, N = Neutral, A = Agree, SA = Strongly Agree

Section D: Perceived Barriers

Rate how significant each barrier is in your setting (1 = not a barrier, 5 = major barrier).

Barrier	1	2	3	4	5
D1. Lack of scientific evidence for acupuncture/acupressure	?	?	?	?	?
D2. Unavailability of credentialed acupuncture providers	?	?	?	?	?
D3. Lack of appropriate equipment (wristbands, devices)	?	?	?	?	?
D4. Time constraints during clinical workflow	?	?	?	?	?
D5. Patient reluctance or refusal	?	?	?	?	?
D6. Insufficient training opportunities	?	?	?	?	?
D7. Lack of organisational support or policy	?	?	?	?	?

1 = Not a barrier 2 = Minor barrier 3 = Moderate barrier 4 = Significant barrier 5 = Major barrier

Section E: Open Response

E1. What would make you more likely to support acupuncture or acupressure use in this hospital?

E2. Any additional comments?

Thank you for completing this survey. Your responses are anonymous and will be used to improve implementation planning.

Survey design informed by Faircloth (2014) USA anaesthesia staff survey and Australian hospital survey (Zheng et al.). See also Cohen et al. 2005; Wardle et al. 2013.